



October 2025

Lunch

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|---|
| | | 1 | 2 | 3 |
| | | <ul style="list-style-type: none"> • Toasty Three Cheese Sandwich • Breaded Beef Fingers • Crunchy Very Berry Parfait • French Fries • Strawberry Craisins • Tropical Fruit Cocktail • Fresh Cauliflower Florets • Small Caesar Salad • Creamy Caesar Dressing • Chocolate Low Fat Milk • 1% Low-fat Milk | <ul style="list-style-type: none"> • Teriyaki Glazed Chicken • Brown Rice • Chicken Corn Dog • Turkey & Cheese Sandwich • Seasoned Broccoli • Fresh Banana • Fresh Red and Green Seedless Grapes • Fresh Carrots • Small Caesar Salad • Creamy Caesar Dressing • Chocolate Low Fat Milk • 1% Low-fat Milk | <ul style="list-style-type: none"> • Classic Cheese Pizza • Classic Pepperoni Pizza • Sunbutter & Grape Jelly Sandwich • Seasoned Corn • Fresh Granny Smith Apple • Blue Raspberry Lemon Frozen SideKicks • Fresh Cauliflower Florets • Small Caesar Salad • Creamy Caesar Dressing • Chocolate Low Fat Milk • 1% Low-fat Milk |
| 6 | 7 | 8 | 9 | 10 |
| <ul style="list-style-type: none"> • Chicken Nuggets • Hawaiian Roll • Classic Cheeseburger in Bun • Sunbutter & Grape Jelly Sandwich • BBQ Baked Beans • Fresh Orange Wedges • Strawberry Craisins • Fresh Carrots • Small Caesar Salad • Creamy Caesar Dressing • Chocolate Low Fat Milk • 1% Low-fat Milk | <ul style="list-style-type: none"> • Soft Beef Whole Grain Taco • Turkey & Cheddar Panini • Turkey Ham & Cheese on Pretzel Roll • Seasoned Broccoli • Fresh Red Delicious Apple • Cinnamon Diced Peaches • Sliced Cucumbers • Small Caesar Salad • Creamy Caesar Dressing • Chocolate Low Fat Milk • 1% Low-fat Milk | <ul style="list-style-type: none"> • Italian Meat Spaghetti Sauce • Spaghetti • Garlic Herb Flatbread • Breaded Beef Fingers • Apple Cinnamon Parfait with Granola • French Fries • Fresh Orange Wedges • Strawberry Craisins • Fresh Carrots • Small Caesar Salad • Creamy Caesar Dressing • Chocolate Low Fat Milk • 1% Low-fat Milk | <ul style="list-style-type: none"> • Orange Chicken • Brown Rice • Chicken Corn Dog • Sunbutter & Grape Jelly Sandwich • Peas and Carrots • Fresh Banana • Cinnamon Diced Peaches • Fresh Broccoli Florets • Small Caesar Salad • Creamy Caesar Dressing • Chocolate Low Fat Milk • 1% Low-fat Milk | |
| 13 | 14 | 15 | 16 | 17 |
| <ul style="list-style-type: none"> • Whole Grain Cheese Tortellini Marinara • Garlic Herb Flatbread • Beef Hot Dog on Whole Wheat Bun • Turkey, Cheese, Flatbread & Cucumber Bento Box • Tater Tots • Fresh Granny Smith Apple • Applesauce • Fresh Broccoli Florets • Spinach & Romaine Salad • 1% Low-fat Milk • Chocolate Low Fat Milk | <ul style="list-style-type: none"> • Chicken & Cheese Quesadilla • Baked Mozzarella Cheese Sticks • Marinara Sauce • Popcorn Chicken & Romaine Salad • Ranch Dressing • Croutons • Seasoned Black Beans • Fresh Pear • Chili Lime Watermelon • Carrot & Celery Sticks • Spinach & Romaine Salad • 1% Low-fat Milk • Chocolate Low Fat Milk | <ul style="list-style-type: none"> • Sweet & Sour Meatballs • Brown Rice • Classic Chicken Sandwich • Turkey, Cheese, Flatbread & Cucumber Bento Box • Seasoned Broccoli • Fresh Granny Smith Apple • Tropical Fruit Cocktail • Fresh Grape Tomatoes • Spinach & Romaine Salad • 1% Low-fat Milk • Chocolate Low Fat Milk | <ul style="list-style-type: none"> • Mashed Potato & Chicken Bowl • Hawaiian Roll • Toasty Cheese Sandwich • Popcorn Chicken & Romaine Salad • Ranch Dressing • Croutons • Seasoned Corn • Fresh Orange Wedges • Applesauce • Carrot & Celery Sticks • Spinach & Romaine Salad • 1% Low-fat Milk • Chocolate Low Fat Milk | |

20

- Jumbo Crispy Chicken Tenders
- Hawaiian Roll
- Classic Cheeseburger in Bun
- Turkey & Cheese Sandwich
- Italian Vegetables
- Sliced Fresh Strawberries
- Applesauce
- Fresh Carrots
- Small Caesar Salad
- Creamy Caesar Dressing
- Chocolate Low Fat Milk
- 1% Low-fat Milk

21

- Beef Nachos
- Salsa
- Turkey & Cheddar Panini
- Sunbutter & Grape Jelly Sandwich
- Mexican Style Pinto Beans
- Fresh Granny Smith Apple
- Fresh Red and Green Seedless Grapes
- Corn & Black Bean Salsa Salad
- Small Caesar Salad
- Creamy Caesar Dressing
- Chocolate Low Fat Milk
- 1% Low-fat Milk

22

- Chicken Pasta Alfredo
- Garlic Herb Flatbread
- Breaded Beef Fingers
- Crunchy Very Berry Parfait
- French Fries
- Fresh Orange Wedges
- Applesauce
- Fresh Cauliflower Florets
- Small Caesar Salad
- Creamy Caesar Dressing
- Chocolate Low Fat Milk
- 1% Low-fat Milk

23

- Teriyaki Glazed Chicken
- Brown Rice
- Chicken Corn Dog
- Turkey & Cheese Sandwich
- Seasoned Broccoli
- Fresh Banana
- Fresh Red and Green Seedless Grapes
- Fresh Carrots
- Small Caesar Salad
- Creamy Caesar Dressing
- Chocolate Low Fat Milk
- 1% Low-fat Milk

24

- Classic Cheese Pizza
- Classic Pepperoni Pizza
- Sunbutter & Grape Jelly Sandwich
- Seasoned Corn
- Fresh Granny Smith Apple
- Blue Raspberry Lemon Frozen SideKicks
- Fresh Cauliflower Florets
- Small Caesar Salad
- Creamy Caesar Dressing
- Chocolate Low Fat Milk
- 1% Low-fat Milk

27

- Buttermilk Pancakes
- Turkey Sausage Patty
- Beef Hot Dog on Whole Wheat Bun
- Turkey & Cheese Pinwheel
- Seasoned Cauliflower
- Fresh Banana
- Cinnamon Diced Peaches
- Fresh Cauliflower Florets
- Spinach & Romaine Salad
- Chocolate Low Fat Milk
- 1% Low-fat Milk

28

- Soft Beef Whole Grain Taco
- Salsa
- Baked Mozzarella Cheese Sticks
- Marinara Sauce
- Sunbutter & Banana Roll Up
- Seasoned Black Beans
- Fresh Orange Wedges
- Applesauce
- Fresh Carrots
- Spinach & Romaine Salad
- Chocolate Low Fat Milk
- 1% Low-fat Milk

29

- Macaroni and Cheese
- Hawaiian Roll
- Classic Chicken Sandwich
- Turkey & Cheese Pinwheel
- Seasoned Peas
- Fresh Granny Smith Apple
- Cinnamon Diced Peaches
- Fresh Broccoli Florets
- Spinach & Romaine Salad
- Chocolate Low Fat Milk
- 1% Low-fat Milk

30

- BBQ Chicken Sandwich
- Toasty Cheese Sandwich
- Sunbutter & Banana Roll Up
- French Fries
- Fresh Banana
- Applesauce
- Fresh Cauliflower Florets
- Spinach & Romaine Salad
- Chocolate Low Fat Milk
- 1% Low-fat Milk

31

- Classic Cheese Pizza
- Classic Pepperoni Pizza
- Vanilla Smoothie Bowl Base
- Cinnamon Granola
- Seasoned Corn
- Fresh Granny Smith Apple
- Sunbelievable Frozen SideKicks
- Fresh Carrots
- Spinach & Romaine Salad
- Chocolate Low Fat Milk
- 1% Low-fat Milk

🌱 10/1 Vegetarian Day 🌮 10/7 Taco Day 🍏 10/8 Apple Crunch Day 🎃 10/31 Happy Halloween 🗓️ 10/13-10/17 NSLW

If you have a food allergy or intolerance, please notify us. Ask your cafeteria manager if changes were made to today's menu so we can help keep you safe!

Adult Meal Prices Adult Breakfast: \$2.84, Adult Lunch: \$5.29, White Milk: \$0.60, Chocolate Milk: \$0.65

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

USDA is an equal opportunity provider, employer, and lender. Layout & Design © Nutrislice, Inc. Printed on 9/10/2025 at 2:19 pm .

